

TRIWE SPA

RELAXATION MASSAGE

This massage involves applying gentle pressure on the back, arms, hands, legs, and feet and using essential almond oil and native plants from the Valdivian Rainforest to help relax your body, stimulate better circulation, and promote general well-being.

50 MIN / 60 USD

80 MIN / 84 USD

HOT STONE MASSAGE

Gain mental peace and enter a state of harmony with this massage focusing on total relaxation. Release tension using hot mineral stones of volcanic origin, combined with a full-body massage mixing manual relaxation and relieving techniques. The massage utilizes essential oils, which relieve fatigue, tension, and muscle pain.

50 MIN / 78 USD

80 MIN / 114 USD

LYMPHATIC DRAINAGE MASSAGE

This gentle massage stimulates the natural drainage of the lymph, which helps to eliminate waste from the body. The goal is to move the fluid out of tissues and into the lymph nodes to remove bacteria, viruses, and other harmful microorganisms. This technique is helpful as a skincare and wellness routine, given its detoxifying, esthetic, and stress reduction benefits.

50 MIN / 78 USD

DEEP TISSUE MASSAGE

A deep tissue massage with pressure and mixed muscle contraction techniques helps restore structural balance using a combination of gliding strokes, kneading, and stretching of the muscles to induce a relaxing and calming effect. This therapy uses essential almond oil and native plants from the Valdivian Rainforest.

50 MIN / 66 USD

80 MIN / 102 USD

TRIWE MASSAGE

It begins with a journey of the senses to the interior of the Valdivian Rainforest through a combination of soft and deep manual techniques powered by volcanic stones and native plant aromatherapy, which help you relax, relieve stress, and soothe muscle tension.

50 MIN / 78 USD

80 MIN / 114 USD

AROMATHERAPY MASSAGE

We combine the benefits of a relaxation massage with the properties of the essences of the native forest, such as Tapa and Meli, to provide relaxation, and well-being.

50 MIN / 72 USD

80 MIN / 108 USD

TIRED LEGS MASSAGE

Gentle massage stimulates and improves blood flow from the sole to the leg, providing a sensation of relief. It decongests, calms, and oxygenates the legs.

50 MIN / 66 USD

TRIWE SPA

MASSAGE FOR PREGNANT WOMEN

We designed this therapy to provide deep well-being and connection to the woman with her baby through a comprehensive approach that combines relaxation massage with de-contraction techniques and lymphatic drainage. It helps fight insomnia, reduces anxiety and stress, relieves back pain, and removes retained fluids. 80 min includes foot spa: exfoliation, moisturizing and regenerating mask massage.

50 MIN / 66 USD
80 MIN / 102 USD

PARAVERTEBRAL MASSAGE

Comfortable massage focused on the entire back that seeks to relax and release tension muscles from the lumbar vertebrae to the cervical vertebrae. Appropriate to relieve recurring pains of fatigue due to stress accompanied by an exfoliation and hydration of the back.

50 MIN / 78 USD

SPORT MASSAGE

As a pre- and post-competitive therapy, this massage focuses on frequent and casual athletes. It seeks to relieve and strengthen muscle recovery, optimize and enhance muscle performance, and prevent injuries and muscle fatigue.

50 MIN / 72 USD

BAMBOO THERAPY

This massage will harmonize your health through the sensations transmitted by the senses and through contact with bamboo rods, which stimulate the drainage of harmful toxins and work the deep-muscle tissue, providing relaxation and draining effects by immersing you in the vastness of the Valdivian Rainforest energy. You will release accumulated tension in the body through the elasticity and robustness of the reeds.

50 MIN / 78 USD
80 MIN / 114 USD

FOOT SPA

This massage stimulates the channels through which the body's energy flows by applying acupressure to improve organ function related to the treated points. It begins by relaxing the legs and feet by wrapping them in warm towels with antiinflammatory and revitalizing essences. It ends with a massage of activating menthol essences and extracts from native plants of the Valdivian Rainforest.

50 MIN / 66 USD

RENEWAL RITUAL

(2 people) Live a magical experience with that particular person. Enjoy a renewing Triwe massage in our double cabin, ending with a refreshing foot spa, returning you to an integral balance of body and mind.

60 MIN / 180 USD